



**SOCIAL & LEISURE CENTER**  
*"An Activity Center Geared For Seniors"*

# JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Coffee, Pastries ExerFit Toss & Talk Ball Lunch Marching & Singing	2 Coffee, Pastries ExerFit Share Fun Story About Your Sibling Lunch Marching & Singing Prize Bingo	3 Coffee, Pastried ExerFit Share Fun Story About Your Sibling Lunch Marching & Singing	4 <b>Happy Birthday America!</b>	5 Closed	6 Closed
7 Closed	8 Coffee, Pastries ExerFit Morning Trivia <b>Aromatherapy</b> Lunch Walk It Out Balloon Volley	9 Coffee, Pastries Exerfit Morning Trivia Lunch Walk It Out <i>Music w/ Andy</i>	10 Coffee & Pastries ExerFit Morning Trivia Lunch Walk It Out Balloon Racquet Ball	11 Coffee & Pastries ExerFit Morning Trivia <b>Art Designs</b> Lunch <b>Coin Toss Challenge</b>	12 Closed	13 Closed
14 Closed	15 Coffee, Pastries ExerFit Morning Trivia <b>Make Your Own Yogurt Parfait</b> Lunch Balloon Volleyball	16 <b>Vanilla Ice Cream Day</b> Coffee, Pastries ExerFit Morning Trivia Lunch <b>"Walk It Out"</b> Fun Prize Bingo	17 Coffee, Pastries ExerFit Morning Trivia Lunch Walk It Out <b>Carnival Games</b> "Try Your Luck"	18 Coffee & Pastries ExerFit Morning Trivia <b>Indoor Golf</b> Lunch <b>Music w/ Peter</b>	19 Closed	20 Bon Jour at <b>Parkinson's Conference</b>
21 Closed	22 Coffee, Pastries ExerFit Morning Trivia <b>Flower Arranging</b> Marching & Singing Bean Bag Number Toss	23 Coffee, Pastries Exerfit Morning Trivia <b>Sand Art Session</b> Lunch "Walk It Out" Fun Prize Bingo	24 Coffee & Pastries ExerFit Morning <b>Trivia</b> Morning Music Lunch "Walk It Out" Balloon Racquet Ball	25 <b>Western Day Party</b> Coffee & Pastries Cowboy Trivia ExerFit Lunch Best Costume Award Music	26 Closed	27 Closed
28 Closed	29 Coffee & Pastries ExerFit Morning Trivia Adult Coloring Lunch Walk It Out <b>Coin Toss Challenge</b>	30 <b>Friendship Day</b> Coffee, Pastries Exerfit Lunch Walk It Out Fun Prize Bingo	31 Coffee, Pastries Exerfit Morning Trivia "What's in the Bag?" Lunch Walk It Out Corn Hole Games	See August Calendar	Closed	

## July Highlights

**Happy Birthday America**  
July 4

**Aromatherapy Session**  
July 8

**Art Designs**  
July 11

**Carnival Games**  
July 17

**Music w/ Peter**  
July 18

**Parkinson's Conference Booth**  
July 20

**Sand Art Creations**  
July 23

**Western Day Party**  
July 25

\*Activities are subject to change.

