



MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed	SAVE YOUR VISION MONTH				1 Closed	2 Closed
3 Closed	4 MARCHING MUSIC DAY Coffee, Pastries & Chit Chat ExerFit Happy News & Interesting Stories Eye Exercises Lunch March & Move Bingo	5 Coffee, Pastries & Chit Chat ExerFit Arts & Crafts, Adult Coloring Lunch March & Move Let's Talk About It Bingo	6 NATIONAL OREO COOKIE DAY Coffee, Pastries & Chit Chat ExerFit Cards and/or Board Memory Games The Price is Right Lunch March & Move Bingo	7 Coffee, Pastries & Chit Chat ExerFit Board Memory Games Basketball Throw Lunch March & Move Bingo	8 Closed	9 Closed
10 DAYLIGHT SAVINGS Closed	11 Coffee, Pastries & Chit Chat ExerFit Happy News & Interesting Stories Find the Missing Item Game Lunch March & Move Pokeno	12 Coffee, Pastries & Chit Chat ExerFit The Candy Bar Game Lunch March & Move Bingo	13 ARMCHAIR TRAVEL TO IRELAND Coffee, Pastries & Chit Chat ExerFit Armchair Travel to Ireland Lunch March & Move Bingo	14 NATIONAL PIE DAY Coffee, Pastries & Chit Chat ExerFit Pie, Puns, Activities & Trivia Lunch March & Move Bingo *We will also celebrate the Ides of March. Toga Costumes optional. Fun Required.	15 IDES OF MARCH DAY Closed	16 Closed
17 ST PATRICK'S DAY Closed	18 NATIONAL SLOPPY JOE DAY Coffee, Pastries & Chit Chat Cardio Drumming Bean Bag Number Toss Lunch March & Move Bingo	19 FIRST DAY OF SPRING Coffee, Pastries & Chit Chat ExerFit Spring Arts & Crafts Lunch March & Move Pokeno	20 Coffee, Pastries & Chit Chat Cardio Drumming Corn Hole Toss Lunch March & Move Bingo	BON JOUR OPEN HOUSE 21 Coffee, Pastries & Chit Chat ExerFit Lunch March & Move Bingo	22 Closed	23 Closed
PALM SUNDAY 24 Closed	25 GREEK INDEPENDENCE DAY Coffee, Pastries & Chit Chat ExerFit History of Greek Independence Presentation Greek Lunch March & Move Bingo	26 Coffee, Pastries & Chit Chat ExerFit Board Memory and/or Card Games Lunch March & Move Bingo	27 Coffee, Pastries & Chit Chat ExerFit Board Memory Games Basketball Throw Lunch March & Move Bingo	28 Coffee, Pastries & Chit Chat ExerFit Easter Arts & Crafts Lunch March & Move Bingo	29 GOOD FRIDAY Closed	30/31 EASTER Closed Activities are Subject to Change